



Physical Education Curriculum Map



	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Introduction to PE: Unit 2	Fundamental Skills Ball Skills	Fundamental Skills	Fundamental Skills Ball Skills	Gymnastics	Dance Swimming/ Gymnastics	Gymnastics Basketball
			Gymnastics		England's 2022 Women's Euros football team.		
Autumn 2	Fundamental Skills: Unit 2	Striking and Fielding	Ball Skills	Gymnastics Dodgeball	Yoga	Fitness	Fitness
		Dance	Dance		Golf	Swimming/ Gymnastics	Dance
		Diversity - Ashely Banjo	Diversity - Alicia Alonso			Diversity -Tom Daley	Diversity - Ko Jin-Young
Spring 1	Gymnastics: Unit 2	Gymnastics	Invasion Games	Dance	Tag Rugby	Tennis	Yoga
		Net and Wall	Team Building	Tennis Diversity - Serena Williams	Dance	Swimming/ Netball	Golf
Spring 2	Dance: Unit 2	Fitness	Striking and Fielding	Cricket	Rounders	Dodgeball	Rounders
		Target Games	Net and wall	Netball	Basket Ball	Swimming/ Netball	Football
	Diversity - Simone Biles					Diversity - Mithali Raj	
Summer 1	Games: Unit 2	Invasion Games	Athletics	Athletics	Athletics	OAA	Handball
		Athletics	Target Games	Fitness	Hockey / Swimming	Cricket	Athletics
					Diversity - Lebron James		Diversity - Jessica Ennis-Hill
Summer 2	Ball Skills: Unit 2	Team Building	Fitness	OAA	Fitness	Athletics	Tag Rugby
		Yoga	Yoga	Tag Rugby Diversity - Reece Duddle	Hockey / Swimming	Handball	Hockey
						Diversity - Arnold Schwarzenegger	